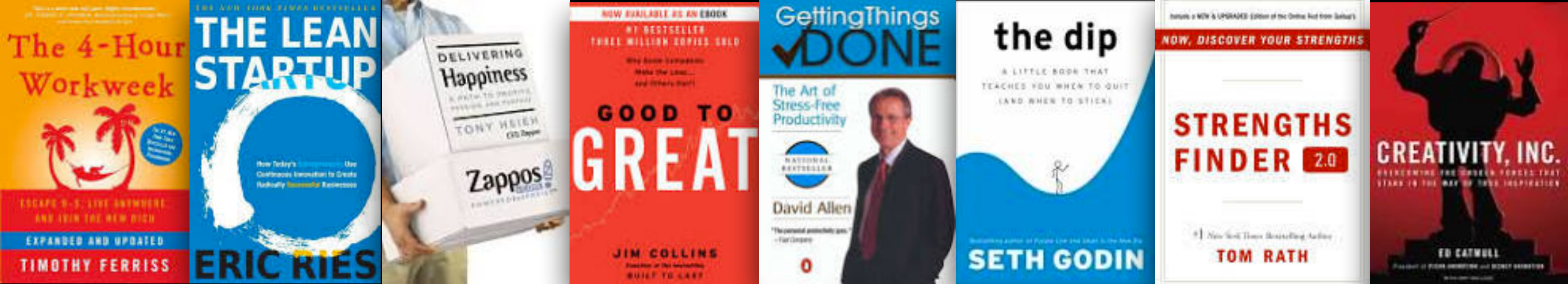


THE FOUR HOUR WORKWEEK

Escape 9-5, Live Anywhere,
and Join the New Rich

Book By Timothy Ferriss
Slides by Ryan Battles

FERRISS, TIMOTHY. THE 4-HOUR WORKWEEK: ESCAPE
9-5, LIVE ANYWHERE, AND JOIN THE NEW RICH. NEW
YORK: CROWN, 2007.



This book summary is part of the

FREE

Business Book Collection

Grab the rest here:

DOWNLOAD

THE BUSINESS BOOK COLLECTION

or visit ryanbattles.com/business-books

Step 1:

D is for Definition

Divorce yourself from the idea of working
yourself to death for a gold watch and a pat
on the back.

Abandon the concept of retirement as a
holy grail

Instead of absolute income (how much you make per year), focus on relative income (how much you make vs. your actual effort).

Spend 5 minutes to define your dream.

Spend 5 minutes defining the worst thing that could happen if you followed that dream.

Is the possible nightmare bad enough to
abandon your dream?

Step 2:

E is for Elimination

Make your to-do list for tomorrow before
you finish today.

When you add an item to this list, ask yourself if you would view a day as productive if that's the only thing on the list that you got done.

Then, when you start in the morning, just attack that list with vigor knowing that all of the stuff is worthwhile.

Stop all multitasking immediately.

This allows you to churn out the task way
faster.

Force yourself to end your day at 4 PM or
end your week on Thursday.

Learn to compress your productive time.

Go on a one week media fast.

Check email only twice a day.

Never, ever have a meeting without a clear agenda.

Don't be afraid to hang up a "do not disturb" sign.

Step 3:

A is for Automation

If you set up being a middleman appropriately, you can create a stream of passive income that permits you to make money with very little effort.

Step 4:

L is for Liberation

Change your job so that you can work
remotely.

Geographic arbitrage is a great way to enhance your relative income.

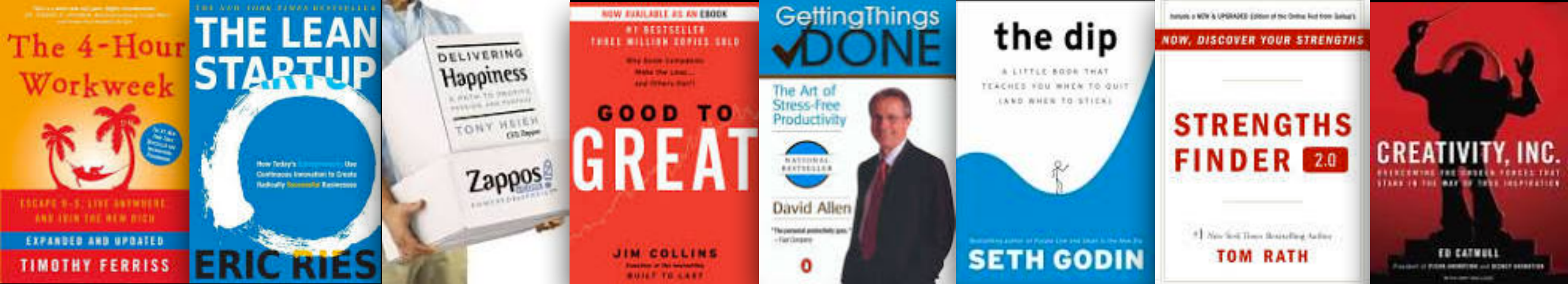
Time is the really valuable asset we have in
our lives, not money

THIS HAS BEEN A BRIEF OVERVIEW OF THE
MAIN IDEAS OF THE 4-HOUR WORKWEEK.

BUY THE BOOK FOR THE FULL EXPERIENCE

FERRISS, TIMOTHY. THE 4-HOUR WORKWEEK:
ESCAPE 9-5, LIVE ANYWHERE, AND JOIN
THE NEW RICH. NEW YORK: CROWN, 2007.

ALL PRODUCT AND COMPANY NAMES ARE
TRADEMARKS OR REGISTERED TRADEMARKS
OF THEIR RESPECTIVE HOLDERS. USE OF
THEM DOES NOT IMPLY ANY AFFILIATION
WITH OR ENDORSEMENT BY THEM.



This book summary is part of the

FREE

Business Book Collection

Grab the rest here:

DOWNLOAD

THE BUSINESS BOOK COLLECTION

or visit ryanbattles.com/business-books